



# Grand Erie

## Mental Health and Addictions

### Annual Action Plan 2024-25



# Grand Erie Mental Health and Addictions Annual Action Plan (2024-2025)



## Priority Area # 1: Life Promotion

### Goals

Bolster staff capacity in life promotion and suicide prevention

Increase capacity of school mental health professionals to support students using brief interventions

### SMART Objectives

Provide mandatory training in board suicide protocol and life promotion

Increase staff understanding of their role in suicide prevention including responding to students experiencing thoughts of suicide

Enhance focused training for PSSP staff on brief interventions (including virtual care protocols) so staff know when and how to use them effectively with students

## Priority Area # 2: Leading Safe and Mentally Healthy Schools

### Goals

Partner with caregiver(s) and community agencies to enhance caregiver mental health literacy

Enhance capacity of administrators to lead safe and mentally healthy schools

### SMART Objectives

Increase caregiver partnerships to access education surrounding mental health supports and attendance

Provide training for school administrators in the attendance strategy regarding responding to mental health absences

## Priority Area # 3: Partnerships

### Goals

Enhance capacity of administrators to lead safe and mentally healthy schools

### SMART Objectives

Provide training for school administrators on how to embed self-regulation practices in their schools

## Priority Area # 4: Identity Affirming Mental Health Literacy

### Goals

Enhance mental health and substance use literacy among educators

Enhance mental health and substance use literacy of students

### SMART Objectives

Promote and provide access to SMHO Mental Health Literacy course to be implemented in all Grade 10 Careers courses

Continued implementation of the Mental Health Literacy 7/8 curriculum in all new grade 7 classes  
Implement evidenced based programming surrounding substance (including vaping) prevention (Preventure etc.)



## Grand Erie District School Board

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