

the
national
ballet of
canada
you dance



Join The National Ballet of Canada's **YOU dance Livestream**

**Wednesday, May 20
at 12:00 pm ET**

Register Here

Please note: If you have previously registered for YOU dance livestreams, you will be required to register again.

About YOU dance

YOU dance (Youth, Outreach and Understanding dance) is the National Ballet's signature education and community engagement programme. Designed to inspire elementary school students and cultivate a deeper understanding of the arts, YOU dance has reached over 390,000 students across Canada since its creation in 2007.

The National Ballet of Canada is pleased to invite you and your students to join us for the YOU dance Livestream.

This **FREE** virtual learning opportunity is open to all grades but is specifically designed for grades 4 to 6 students. The hour-long performance features the National Ballet's RBC Apprentices dancing a diverse repertoire, engaging discussions led by our hosts and opportunities for the entire class to get moving.

Join over 20,000 students from school boards across Canada for the YOU dance Livestream!

Advance registration is required and curriculum-based resources will be available prior to the livestream performance.

If you are unable to join us for the livestream at 12:00 pm ET, a recording of the event will be available from May 20 to June 3 for your students to enjoy. To gain access to the recording, you must register for the event.

Have a question? We're here to help! For more information about The National Ballet of Canada's YOU dance Livestream, please contact education@national.ballet.ca.

The RBC Apprentice Programme is sponsored by RBC.



The National Ballet of Canada's YOU dance programme is made possible thanks to lead philanthropic support by Elizabeth A. Currie & Richard J. Currie, O.C., The Azrieli Foundation, The Lawrence Schafer Foundation, and The Anna McCowan-Johnson Dance Accessibility Fund.

Further generous support is provided by Susanne Boyce & Brendan Mullen, Fatima Laher, Geoff & Catharine Bertram, the Robert & Joan Shatilla Education Fund and Relevé Circle.

2025/26 YOU dance RBC Apprentices. Photo by Karolina Kuras.